



OUR MISSION

Pause is an initiative for special needs families committed to providing consistent support that is unique to the family's needs while also partnering with them to grow their natural support system.

OUR VISION

- **Each child** will be valued, loved and appreciated for their individual gifts and abilities and will be given the opportunity for fun and connection.
- **Each family** will be given the space to share their family's joys, hardships, areas of growth and a chance to partner with Pause for better outcomes in caregiver stress and family functioning.
- **Each volunteer and community partner** will see the capacity to make a difference and to be part of the solution of support for Pause families.

OUR STRATEGIES

Pause will...

- Provide opportunities for **REST** through our respite events.
- **SUPPORT** families by providing a self-discovery tool to assess needs for their family and then connecting them to resources available.
- Provide **COMMUNITY** and **FUN** to families through events aimed at building a family's connection to each other and other Pause families.
- **TRAIN** and **EQUIP** volunteers and community partners to understand the families we serve and maximize their resources, talents and gifts to find the role that best fits them.

For more information contact us:

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Find us on 

Pause for Parents, Play for Kids

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